

BODY WASH INSTRUCTION SHEET

- In your preoperative prep kit you have been given a special surgical soap.
- You will need to shower with this soap to reduce the chance of an infection.

Directions for the Shower:

1. Place a capful of the special soap on a wash cloth.
2. Wash from your chin to your toes with the special soap.
3. Using more soap, wash under your arms and in the groins of your legs a second time. (See diagram for details)
4. Rinse your body completely after washing.
5. **DO NOT SHAVE** any hair from your body.

